

Hospital Admission Risk Program (HARP)

Information for consumers

HARP aims to educate, support, and empower people to self-manage their complex health and social needs, to remain living independently within the community.

What do we do

The Hospital Admission Risk Program (HARP) is a Health Independence Program, which provides care coordination for people experiencing chronic disease and/or complex needs associated with conditions of ageing and/or psychosocial concerns.

These are people who frequently use hospitals or are at risk of hospitalisation and may benefit from coordinated care to reduce avoidable presentations to hospital.

Chronic disease:

- Lung disease
- Heart disease
- Unstable diabetes

Complex Needs:

- Multiple health conditions
- Decreased functional ability (including falls)
- Self-management concerns with inadequate support at home

Psychosocial needs:

- Social isolation
- Financial insecurity
- Homelessness (or at risk of homelessness or living in insecure/unsuitable accommodation)
- Complex mental health condition and not eligible for specialised mental health referral

How the Program works

- The HARP team includes Nurse Care Coordinators, Pharmacist, Social Work, Occupational Therapist, Physiotherapist, Allied Health Assistant, Dietitian, Psychologist and Speech pathologist.
- You will be contacted by a HARP staff member to discuss your referral and prioritise your care needs.
- A Nurse Care Coordinator will complete a thorough assessment with you to establish your health and wellbeing goals and plan your care.
- Your care plan may involve referrals to other HARP team members and/or other community services.
- You will receive education specific to your complex health and/or social needs to support you to self-manage.

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Version Changed: 28/10/2024	Document uncontrolled when downloaded.	Last Reviewed Date: 23/05/2024

- You will be assisted to navigate the health care system.
- You will be provided with a coordinated approach to access care and support communication between care providers.
- Your care will be delivered face to face and/or via phone/telehealth depending on your individual needs.
- HARP provides short term support, generally care is completed within 3-6 months.
- HARP is a free service.

Referrals

HARP can receive referrals from hospital staff, your GP or any other health professional involved in your care. You or your family can also refer to us directly.

HARP referrals can be made by either contacting:

Mon-Fri 8.30am – 4.30pm (excluding public holidays)

Ph: 5320 4707

Fax: 53204770

E: harpteamleader@gh.org.au

Please note clients must be aged 18 years and over to be eligible for the HARP program



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